

Resource Counselling Newsletter

To all of our clients,
we wish you a very
Happy and safe Holiday Season!
N2N staff and volunteers.

Christmas Hamper Program



800 families registered for our Christmas Hamper Program! Distribution dates are from Tuesday December 16th to Saturday December 20th!

All hampers will be distributed from Immanuel Christian Reformed Church, which is across the back parking lot.

- Friday afternoon Dec 19th will be reserved for seniors.
- Saturday Dec 20th will be reserved for working clients.

If you have additional questions or concerns please talk to a Resource Counsellor.



Crisis Lines:

Suicide Prevention: 905-522-1477

Interval House 905-387-9959

Kids Help Phone 1800-668-6868

Sexual Assault Centre Crisis Support 905-525-4162

COAST 905-972-8338

Children's Aid Society 905-522-8053

Parent Help Line 1888-603-9100

To report a life threatening emergency situation, **please call 911.**



Help is Just a Neighbour Away

Neighbour To Neighbour Centre, 28 Athens Street, Hamilton Ontario L9C 3K9

Phone 905 574 1334 E-mail: rcp@neighbourtoneighbourcentre.com

Volume 5, December 2008

Have a Safe Holiday Season!



Need Help Clearing Snow ?? Contact The Hamilton Snow Angels

If you are an eligible senior or person with physical disabilities, now is the time to make arrangements to receive help with winter snow removal.

This is a volunteer program to assist individuals with snow removal from sidewalks and entrances. The program is income based and open to the following:

- A resident who is 65 years of age or older and who receives a Seniors Tax Credit or
- A resident with a disability (ODSP), or who must use a Wheelchair or has a doctor's note regardless of age.

*For more information please see a RC or call the **Snow Angels Hotline at 905 523 1910***

To our clients: After our 5th RCP Newsletter, we would like to hear from you. This Newsletter is intended to keep you informed. Please let us know, how we are doing. Any feedback, ideas or suggestions, are highly appreciated. RC team.

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RC team.

The Transitional Support Program (TSP)

Provides a variety of support services to women and their children who have experienced violence and abuse in an intimate relationship. The Transitional Support Workers (TSW) assist women in identifying and connecting with the kinds of supports and services required to establish violence and abuse-free lives within the community.

TSW's offer appropriate referrals for children and youth who have witnessed and /or experienced violence.

Cultural interpreters are available for women whose first language is not English.

For more information, please call:

Cyndy Interval House 905-387-9959.

Did You Know ???

.Who is Poor in Hamilton?



It is widely reported that 20% Hamiltonians are living in low income. Less understood, however, is that poverty is not gender neutral.

Poverty in Hamilton has a female face that often goes unreported. Women are far more likely to live in poverty than are men. In Hamilton, women make up 52 percent of the adult population but they represent almost 60 percent of those living in poverty. 22,525 Children 0-14; 30,125 Men 15+ ; 42,865 Woman 15+. (SPRC of Hamilton)



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