

# Resource Counselling Newsletter

## FREE INCOME TAX CLINIC

At

NEIGHBOUR TO NEIGHBOUR CENTRE

Fridays only

March 5-April 30, 2010

9:30 am to 3 pm

Have your personal income tax prepared  
by volunteers from Revenue Canada

**To ensure that your return is completed promptly and accurately, please verify that you have all the necessary information below that applies to your situation.**

**All Information Slips:** T3, T4, T4A, T4A(P), T4A(OAS), T4E, T4RSP, T4RIF, T5, T5007

**All Receipts:** Rent, Property Tax, Charitable Donations, Child Care Expenses, Medical Expenses, and RRSP Contributions

**Volunteers do not complete individual Income Tax and Benefit Returns for the following situations:** Deceased persons, Bankrupts, Business Income, Rental Income, Employment Expenses, and Capital Gains/Losses

Please talk to our Receptionist to book an appointment.

## DID YOU KNOW ???



### CIITE at Mohawk College

(Colleges Integrating Immigrants to Employment)

Role:

- To determine how best to overcome the barriers that immigrants often face while trying to adapt, including language and lack of Canadian work experience
- To assist ITIs (internationally trained immigrants) in understanding colleges / universities processes and terminology with specialized knowledge and tools to meet their unique needs
- To provide ITIs with clear information that will help expedite the pathway to suitable employment for them

### Most common barriers of ITIs are

- Insufficient recognition of foreign credentials
- Lack of Canadian working experience
- Lack of English language proficiency
- Lack of networking
- Need of working for supporting themselves/ their families

### CITE provides advice on:

- Mohawk College FT/ PT Programs
- Bridging Programs for internationally trained professionals
- Other Ontario Colleges and University Programs
- Foreign Credential Recognition
- Language Courses Admission to Mohawk College
- Financial Aid Opportunities for FT/PT programs at Colleges
- Professional Licensing
- Second Career Application

Office telephone number: 905 525 1212

Located in Room E 127A, Fennell, Mohawk College

# Home with a Heart

A **Home with a Heart** is a **free** 10 Week Homemaking Course for **Single Moms**. Among the topics discussed will be: organizing your Household, time for Mom, finances and paperwork, hobbies, cooking made easy, parenting, and career development. Clients can also earn high school credits, receive free childcare during class and bus tickets.

The program will run **every Tuesday, April 6-June 8, 2010** from **9.30-12.30**, at Neighbour to Neighbour's next door neighbour Immanuel Christian Reformed Church 61 Mohawk Road West.

Each week you will receive **free stuff, free childcare** during class, **possible high school credits** and **bus tickets**. Space is limited. Please talk to our Resource Counsellours to register.

## **Habitat for Humanity BUILDING HOMES**

They partner with low income families to work towards home ownership.

No down payment and no interest mortgage.

If you have:

- Minimum income of \$20,000.
- Minimum of at least one child who is less than 13 years of age.
- All family members are Canadian citizens or Landed Immigrants.
- You have lived in the Municipality of Hamilton for the past 3 years.
- Applicants who have experienced bankruptcy must have been discharged for at least 3 years.
- All sources of income are considered including employment, child tax credit, child support, spousal support, or disability pension and must be verified.

### **Additional information:**

Website: [www.habitathamilton.ca](http://www.habitathamilton.ca)

Telephone: 905 560 6707

Email: [familyselections@gmail.com](mailto:familyselections@gmail.com)

**Try not to become a man of success but a man of value.** Albert Einstein

**Men's best successes come after their disappointments.** Henry Ward Beecher.

**Happiness is not achieved by the conscious pursuit of happiness; it is generally the by-product of other activities.** Aldous Huxley