

Resource Counselling Newsletter

Christmas Hamper Program



850 families registered for our Christmas Hamper Program! Distribution dates are from Tuesday December 15th to Saturday December 19th!

All hampers will be distributed from Immanuel Christian Reformed Church, which is across the back parking lot.

- Friday afternoon Dec 18th will be reserved for seniors.
- Saturday Dec 19th will be reserved for working clients.

If you have additional questions or concerns please talk to a Resource Counsellor.



Crisis Lines:

Suicide Prevention: 905-522-1477

Interval House 905-387-9959

Kids Help Phone 1800-668-6868

Sexual Assault Centre Crisis Support 905-525-4162

COAST 905-972-8338

Children's Aid Society 905-522-8053

Parent Help Line 1888-603-9100

To report a life threatening emergency situation, **please call 911.**

Have a Safe Holiday Season!

Crafts and Cooking Sessions for Newcomer Women and Children at Immanuel Christian Church!

Bus tickets and child minding available.

Call Ghada Cheaib at

905-385-6192 Ext 3416



Need Help Clearing Snow ?? Contact The Hamilton Snow Angels

If you are an eligible senior or person with physical disabilities, now is the time to make arrangements to receive help with winter snow removal.

This is a volunteer program to assist individuals with snow removal from sidewalks and entrances. The program is income based and open to the following:

- A resident who is 65 years of age or older and who receives a Seniors Tax Credit or
- A resident with a disability (ODSP), or who must use a Wheelchair or has a doctor's note regardless of age.

*For more information please see a RC or call the **Snow Angels Hotline at 905 523 1910***

Editor's Comments

We are approaching Christmas time and a very festive and happy season for most. It can also be very stressful and challenging season as well, especially at the time when many in our community are struggling with meeting their basic needs. We hope that all of you were able to register for our Christmas Hamper Program and that your kids will enjoy their lovely new toys! We do as much as we can to help and if there is anything else you think we can help with, don't hesitate to ask. Come in and meet with one of our wonderful and caring Resource Counsellours, even if it is to air some of the daily stresses in your life.

To all of our clients, we wish you a very Happy and safe Holiday Season!

Most Sincerely,
Snezana
Director of Family Services.

Take a chance! All life is a chance. The man who goes furthest is generally the one who is willing to do and dare. (Dale Carnegie)

The best way to find yourself is to lose yourself in the service of others. (Gandhi)